

Supporting young people who are transitioning from out of home care back into the family unit.

## Testimonials

“I don’t need to explain things over and over again so more time is spent finding out how to help him to learn and be happy”

“I like that everyone is there so we all keep up to date”

“It is easier to meet everyone together in one place”

“It’s like a team meeting for my daughter, where things get done”



07 3287 3677  
[www.ycss.com.au](http://www.ycss.com.au)

KKAT<sup>®</sup>

# An Introduction to KKAT

*Commonly asked questions about  
the KKAT family intervention  
program*



## Welcome

Welcome and thank you for choosing the keeping kids at home program. We look forward to working with your family to help guide and assist you in your journey.

Be assured that your team are 'real people' and are experienced in working through all situations with families. We need your input to ensure we get good outcomes for your family.

## What happens next?

Once you have agreed that Early Help might be useful, there are a number of things that happen. An assessment will be completed with a professional you know from the YCSS KKAT Team. They will complete a form with you and include you in the process. This will help find out what is going well and what any worries are. Your child may also be included in these discussions. A lot of families feel this is a great chance to tell their child's story and be listened to. Working together means achieving better outcomes for you and your family.

Your child and your family are at the centre of the process and a Team Around the Child and Family will organise a meeting. Based on the information provided by you, your family and the support agencies at this meeting, an action plan is written to support your family needs. Only agencies that need to know about your family will have information shared with them with your consent. This could be through written copies or a secure electronic system. Any plans made will be regularly reviewed with you, your child and the supporting agencies. Families find this really useful as everyone works together.

## What is a lead professional?

If a number of people are providing support to your family, one will act as the lead professional. This is the person who will keep you informed, listen to your views and support you. They will also coordinate the review meeting with all the professionals working with you and keep in touch with all the services that are providing ongoing support and keep everyone on task. This will be your allocated KKAT professional, who you will have already met.

### My KKAT contact is:

NAME .....

NUMBER .....

## Is it confidential?

The information you and your family provide will only be shared with your consent and if it is necessary to share. However, if a child or other person is considered to be at risk of significant harm, the law says we can share the information with relevant services without consent. In most cases, we will tell you we are going to do this.

## I have a question, where can I find help?

You can find help by contacting our Head Office on phone: (07) 3287 3677 or email us at [office@ycss.com.au](mailto:office@ycss.com.au).

